

Size Guide

Measure Up Right!

Here's a helpful guide to check your size for ordering purposes. Please remember this is only a reference guide. Your personal specifications could be different.

1. Get someone else to take the measurements
2. Take them in body-tight underwear
3. Measure tight against body
4. Make sure measuring tape is firmly extended when measuring inside leg

A. Body Length

Top of head to bottom of foot

B. Chest

Measure around the fullest part of the chest. Place the tape high up under the arms and make sure that the tape is well up at the back across the shoulder blades.

C. Waist

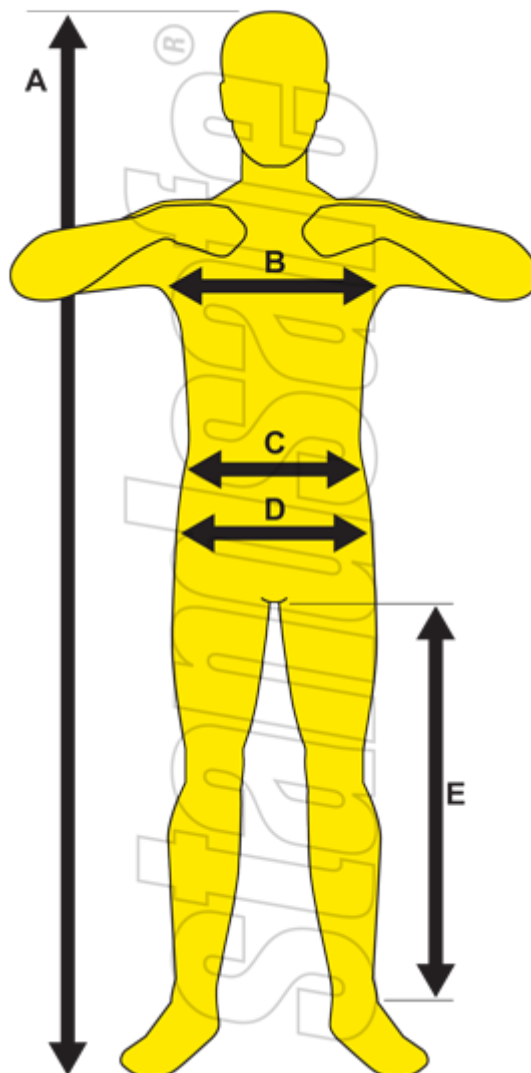
Waist width, horizontally at naval height. If you have a large stomach it's better to use your seat measurement. If measuring for an overall, the waist measurement must be taken.

D. Seat

Measure at widest point

E. Inside Leg

Crotch to bottom of foot



TROUSERS

	XS	S	M	L	XL	XXL	3XL	4XL	5XL	6XL
Waist (UK /inches)	28	30	32	34	36	38	40	42	44	46
Waist (Euro)	42	46	48	50	52	54	56	58	60	62

Leg* (UK /inches)	30	32
Leg* (Euro/cm)	76	81

TOPS / JACKETS / OVERALLS

	XS	S	M	L	XL	XXL	3XL
Approx Chest (UK/inches)	36/38	38/40	42/44	44/46	46/48	48/50	50/52
Approx Chest (Euro/cm)	90/96	96/102	107/112	112/117	117/123	123/127	127/132